

Dr Ajay Kumar Singh as I know him

As far as my memory goes I have found Ajay to be a very positive person, rarely criticizing any body, always in a cheerful mood and ready to help others. Over the last couple of years I have seen him in a state of bliss. He introduced me to Art of Living and ever since then he has been motivating me to regularly do Sudarshan Kriya. I have seen his unwavering determination in doing the Kriya regularly come what may and how ever busy he might be. And he enjoys doing so with a smile on his face.

Over the years his strong inclination towards the spiritual path is very evident in his talk and in his behaviour. He introduced the concept of Spiritual Poverty in an International Conference overseas, where he was invited to deliver a lecture on Poverty in the Plenary Session. I had the good fortune of hearing him. He spoke from his heart, without any hesitation, without any notes, without any repetition of words. I along with the audience was spellbound; I at least personally had not heard anything like that. It was wonderful to hear his thoughts. And to me it appeared that a Guru was born.

Recently, I was suffering from severe back, which he was able to heal using powers at his disposal. I was also a witness to his healing somebody who had twisted her hand and she was in such a pain that we thought that she had suffered a fracture but through Ajay's immense healing powers within no time the pain subsided and in a couple of days everything was all right. All of us were immensely relieved. Ajay has tremendous healing powers which he has gained due to his positive karma and following the spiritual path. He has risen above the small things in life and stands very tall. I have sheer admiration for him and am very fortunate to have his friendship. I did not pay any fees for this.

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